

West Suburban Conference Gold Division Frosh/Soph Indoor Track and Field Records

Event	Record	Individual(s)	School	Year
55m Dash	7.49	Lauren Kroll	Addison Trail	2014
55m High Hurdles	9.41	Lauren Kroll	Addison Trail	2014
200m Dash	26.62	Lauren Kroll	Addison Trail	2014
300m Dash	44.01	Samantha Baeten	Downers Grove South	2010
400m Dash	1:04.24	Raven Wilson	Downers Grove South	2010
800m Run	2:33.03	Madeline Cahill	Downers Grove South	2010
1600m Run	5:44.10	Jamie Johnson	Leyden	2006
3200m Run	12:25.26	Jessica Mutters	Hinsdale South	2010
4x160m Relay	1:31.12		Proviso East	2009
4x200m Relay	1:52.48	Tanjanae Harris Claudia Herrera Alejandra Le Aliyah Abdur-Ratia	Morton	2010
4x400m Relay	4:28.88	Kristin Benes Cara Drennan Jessica Leone Nicole Mihelich	Downers Grove South	2008
4x800m Relay	10:45.40	Katie Strelau Annie Heneghan Rachel Miskus Katrina Friedrich	Downers Grove South	2010
High Jump	5' 0"	Jessica Hawkin	Hinsdale South	2011
Long Jump	15' 10.75"	Lauren Wong	Downers Grove South	2013
Shot Put	32' 9.5"	Tameka Hillsman	Proviso East	2009
Triple Jump	33' 7.25"	Nicole Pudlo	Addison Trail	2013
Pole Vault	8' 3"	Michelle Hartnett	Downers Grove South	2007